

The First Two Years: Volume 1 of the Series:

Family Health Education on CD-I and CD-ROM

Antonino Abbolito, MD* and Marco Criscione, MD**

*Ospedale di Frascati (Roma) & ETAS-RCS (Milano)

**Dipartimento di Pediatria Università di L'Aquila

CD-I seems to be one of the less expensive and more attractive systems to perform Health Education's activities at consumer level. The costless hardware and the possibility of a full interactivity, together with the low end-cost of the programs, give to this new media good chances to become, in the coming years, one of the most popular source of entertainment and educational programs.

On the other end, once the contents of the program have been defined and images acquired is very easy to transfer everything on a different support, that is the CD-ROM, certainly more expensive, considering that a computer is required, but at the moment more diffused all over the world.

Family Health Education is a Series of programs on CD-I and CD-ROM that are going to be realised to give parents most of the informations they need to help kids to grow up healthy.

The first two years is the number 1 of this series and is a multimedia publication that covers child development during the first two years of his or her life.

The first two years of a baby's life are very important because most of the problems he or she could have in the future,

if recognised, can be prevented or cured on time.

The contents of the CD-I is organised on a chronologic basis, following the major milestones in child development: hearing, seeing and psycho-neurological acquisition. Every development phase is covered by different thematic aspects: normal behaviour, the child's environment and common parental errors and misconceptions.

Particular attention has been given to the stimulation of child development and to the identification of physical and psychological signs of discomfort and alarm ("when to consult a doctor").

Part of the publication is dedicated to the correct feeding of the infant and to the identification of his feeding needs and disturbances.

The informations are presented with images (still frame and full motion) graphics and animations. Text cards and spoken text are used to explain details on the topic discussed.

The program will be available in three languages, Italian, English and French. Spanish is also under consideration.